

## Opening Soon: Neighbors Who Care Thrift Shop

Neighbors Who Care is thrilled to announce that we will be opening a beautiful, new **Neighbors Who Care Thrift Shop** at 709 Main Street, right in Waltham Center with six parking spots in back. Stay tuned for more details on hours and the date of the early Spring opening and more.

*"We are grateful to Helene Georges, SGM and Marie Mansfield, SGM and the support of the Grey Nuns for heading up this major initiative," said Nancy Mulvihill NWC president/CEO. "Our hope and dream is that a steady stream of income from NWC Thrift shop will allow us to expand our services to elders, offer our NWC clients an opportunity to be part of the shop, and be a great resource to the people of the Greater Waltham communities. NWC Thrift will also help us be good stewards of the environment as we reuse, reduce, recycle, repurpose, refashion and redesign."*



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Stay up-to-date on all of our activities by liking us on Facebook or sign up for our newsletters at [www.neighborswhocare.net](http://www.neighborswhocare.net)

# NEIGHBORS WHO CARE

Jan/Feb 2016

## Back by Popular Demand: The "Doo Wop Deville" Band

Saturday, June 11. Please save the date!

Neighbors Who Care will be hosting

### "Let the Good Times Roll"

a rousing evening of entertainment and fabulous food with  
**Doo Wop DeVille.**

This 50s and 60s band rocked the house last year and is back by very popular demand.

Wear your socks (i.e., sock hop), poodle skirt, pink carnation/white sports coat or anything that will be comfortable enough to get up to do the stroll, twist, etc. If you prefer not to dance, you can clap or sing along. The Doo Wops are personality-laden, talented musicians who we know you will love...This event will be held at the beautiful Dassault Systèmes on Wyman Avenue in Waltham.

Tickets are \$40 per person. NWC would like to thank Hobbs Brook Management and Sally Collura, owner of Tea Leaf in Waltham, for helping to make this what will be a Night to Remember!



## Neighbors Who Care thanks our generous grantors.

**Cummings Foundation.** Cummings Foundation seeks to provide vital funding to mostly local charities that are working to improve the lives of community members through education, healthcare, human services, and social justice programs.

**Foundation for Metro West.** We help strengthen the region by awarding grants to deserving nonprofit organizations working to improve the quality of life in MetroWest.

**Dana Home Foundation.** Our offerings range from providing support for home-bound seniors, adult education classes, hearing assist devices and a memory café, to furniture at the community center, a van to deliver flowers, and partial funding of an elevator to access the local food pantry. The Dana Home Foundation dedicates its resources in pursuit of the care, comfort and well-being of Lexington seniors.

**Clipper Ship Foundation.** Our foundation makes grants to federally tax-qualified nonprofit organizations offering human services to individuals living in Greater Boston (cities and towns lying on or within Route 128) and the cities of Lawrence and Brockton.

**The Lenny Zakim Fund** (New to NWC in 2016). Founded on the belief that effective social change can be created at the grassroots, The Lenny Zakim Fund (LZF) identifies, supports and connects small community-based organizations operating "below the radar screen" of other foundations and government agencies.

**Brookline Bank Charitable Foundation.** Contributing to the success of our communities and its residents is a top priority at Brookline Bank. We have supported many local organizations, and continue to look for ways to be involved with worthy causes and to make a positive difference in the communities we serve.



## Welcome!

**Elisabeth W. Taylor, Development Director/Community Liaison.**

Elisabeth has worked as a Development and Board Consultant, Development Officer, Special Events Manager, Board Liaison, PhD Coordinator, Publishing Editor of a national Health-and-Wellness franchise, and Opera Singer. She has a passion for celebrating the lives of elders.



*Neighbors Who Care staff members: (from left to right) Nancy Mulvihill, President/CEO, Elisabeth W. Taylor, Community Liaison/Development Director and Martha Ryan, Director.*

*Neighbors Who Care thanks our many generous donors.*

*We exist because of your generosity.*

*If you would like to donate to help us continue to serve the isolated/lonely in the Greater Waltham area, please go to [neighborswhocare.net](http://neighborswhocare.net).*

*There you can make a secure donation.*

*Please know we are grateful.*

## Why volunteer?

*"I feel as if I now make a small difference in this world. I am grateful to Neighbors Who Care for allowing me this wonderful opportunity. I have gained a family member and more fun in my life. Thank you."  
~ Carol, volunteer*

## Theories on why many of us are happier as we age:

- Increased "wisdom" or psychological intelligence in handling life.
- Seeing the big picture, rather than being centered on self alone.
- Less aspirations and expectations of self.
- Sense of fulfillment and accomplishment.
- Greater appreciation for life.
- Living in the moment, with less worry about the future.
- Greater ability to regulate emotions than younger people.
- Less worry about pleasing everyone all the time.
- Overall tendency to view situations more positively.

*And the post-script to this information:* Neighbors Who Care works to help keep our elders happier as we meet the unmet needs of low-income seniors. Many live on limited incomes and in subsidized senior housing; they cannot afford to pay for extra services that allow them to maintain their independence and sense of well-being. With our trained volunteers' and donors' support, our elders are able to stay healthy and happier. They can also remain in their homes longer without being lonely or isolated and unsupported in daily, life-giving activities.

## Please visit our new website!

*Are we ever proud... Go to [www.neighborswhocare.net](http://www.neighborswhocare.net) to see our newly designed site, developed by our most favorite designer, Georgette Rogers of Visionaries Events in Pepperell, MA. At our site, you can learn about our mission, sign up to volunteer and/or make a donation.*